

# EL-1 v0.3 — Core English Emotional Lexicon (120-Term Edition)

Core Emotion Framework (CEF)

EL-Series, Volume 1

Version 0.3 — 120-Term Expanded Lexicon

Status: Published

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## Abstract

EL-1 v0.3 expands the Core English Emotional Lexicon from 50 to 120 terms, establishing the first mid-scale, computationally structured emotional lexicon grounded in the TS-6 hybrid symbolic–vector representation. This edition integrates 70 new emotional expressions across social, moral, motivational, aesthetic, existential, and relational domains. Each entry is mapped to the ten functional powers of the Core Emotion Framework (CEF), using a deterministic, center-preserving, drift-resistant mapping pipeline. EL-1 v0.3 provides the structural foundation for EL-1 v1.0 (200–500 terms) and for cross-linguistic expansion across the EL-Series.

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## Keywords

Core Emotion Framework; emotional lexicon; TS-6; functional powers; emotional vectors; semantic modeling; affective computing; hybrid representation; structural constructivism.

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## 1. Preface

EL-1 v0.3 represents the largest expansion of the Core English Emotional Lexicon to date.

Building on the seed lexicon (v0.1) and the 50-term expansion (v0.2), this edition introduces 70 new emotional expressions selected through corpus analysis, semantic clustering, and cross-domain coverage criteria.

This volume adheres strictly to:

- TS-6 mapping rules
- hybrid symbolic–vector representation
- definitional discipline
- metadata containment
- canonical naming
- drift-prevention constraints

The v0.1 and v0.2 entries remain unchanged.

All new entries follow the same schema and representational standards.

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## 2. Scope

EL-1 v0.3 includes:

- **Language:** English
- **Register:** General usage
- **Content:** Emotional expressions only

### Exclusions:

- idioms
- metaphors
- clinical constructs
- diagnostic terminology
- figurative expressions

Terms like *panic* or *emptiness* appear only in their **non-clinical**, everyday emotional sense.

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## 3. Schema (Aligned with TS-6)

Each entry includes:

### **Required fields**

- Term
- Part of speech
- Plain definition
- Symbolic representation
- Vector representation (10-element canonical order)

### **Optional metadata**

- valence
- arousal
- language
- contextual notes

### **Canonical vector order**

Sensing, Calculating, Deciding, Expanding, Constricting, Achieving, Arranging, Appreciating, Boosting, Accepting

Metadata does **not** participate in the mapping engine.

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## **4. Representation Standards**

### **4.1 Symbolic Representation**

Ordered list of all non-zero functional powers, highest to lowest intensity.

### **4.2 Vector Representation**

10-element numerical array in canonical order.

### **4.3 Normalization**

Highest intensity = 1.0.

### **4.4 Metadata**

Optional, non-structural, non-canonical.

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## **5. EL-1 v0.1 Entries (Seed Set)**

*(Preserved exactly as published; unchanged.)*

### **EL1.1 — Anger**

Term: anger

POS: noun

Definition: A state of boundary enforcement, opposition, and energized resistance to perceived obstruction or injustice.

Symbolic: Constricting > Boosting > Arranging > Sensing

Vector: [0.3, 0.0, 0.0, 0.1, 1.0, 0.0, 0.6, 0.0, 0.8, 0.0]

Metadata: { valence: "negative", arousal: 0.9 }

### **EL1.2 — Joy**

Term: joy

POS: noun

Definition: A state of energized positive engagement, openness, and appreciative connection to experience.

Symbolic: Expanding > Appreciating > Boosting > Accepting > Sensing

Vector: [0.2, 0.0, 0.0, 1.0, 0.0, 0.2, 0.1, 0.9, 0.6, 0.5]

Metadata: { valence: "positive", arousal: 0.8 }

### **EL1.3 — Fear**

Term: fear

POS: noun

Definition: A state of threat-focused activation, boundary tightening, and preparation for protective action.

Symbolic: Sensing > Constricting > Arranging > Boosting

Vector: [0.7, 0.0, 0.0, 0.1, 0.8, 0.0, 0.5, 0.0, 0.4, 0.0]

Metadata: { valence: "negative", arousal: 0.95 }

### **EL1.4 — Sadness**

Term: sadness

POS: noun

Definition: A state of loss-oriented constriction, reduced motivational drive, and inward emotional withdrawal.

Symbolic: Constricting > Accepting > Sensing

Vector: [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.1, 0.6]

Metadata: { valence: "negative", arousal: 0.2 }

### **EL1.5 — Disgust**

Term: disgust

POS: noun

Definition: A state of aversive distancing, boundary enforcement, and protective rejection of perceived contamination or violation.

Symbolic: Constricting > Sensing > Arranging  
Vector: [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]  
Metadata: { valence: "negative", arousal: 0.6 }

### **EL1.6 — Surprise**

Term: surprise  
POS: noun  
Definition: A state of sudden perceptual activation, rapid updating, and momentary openness to new information.  
Symbolic: Sensing > Expanding > Boosting  
Vector: [1.0, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.6, 0.0]  
Metadata: { valence: "mixed", arousal: 0.95 }

### **EL1.7 — Love**

Term: love  
POS: noun  
Definition: A state of relational expansion, appreciative connection, and sustained motivational openness toward another.  
Symbolic: Expanding > Appreciating > Accepting  
Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]  
Metadata: { valence: "positive", arousal: 0.6 }

### **EL1.8 — Anxiety**

Term: anxiety  
POS: noun  
Definition: A state of diffuse threat anticipation, heightened vigilance, and sustained internal tension.  
Symbolic: Sensing > Constricting > Boosting  
Vector: [0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]  
Metadata: { valence: "negative", arousal: 0.9 }

### **EL1.9 — Calm**

Term: calm  
POS: noun  
Definition: A state of low activation, acceptance, and stable internal regulation.  
Symbolic: Accepting > Sensing  
Vector: [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]  
Metadata: { valence: "positive", arousal: 0.1 }

### **EL1.10 — Hope**

Term: hope  
POS: noun  
Definition: A state of forward-oriented openness, motivational uplift, and positive

expectancy.

Symbolic: Expanding > Boosting > Accepting

Vector: [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.6]

Metadata: { valence: "positive", arousal: 0.5 }

---

## 6. EL-1 v0.2 Entries (Preserved Exactly)

### EL1.11 — Pride

**Term:** pride

**POS:** noun

**Definition:** A state of self-affirming expansion, upward motivational drive, and positive self-evaluation.

**Symbolic:** Expanding > Boosting > Appreciating > Accepting

**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.8, 0.6]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.12 — Shame

**Term:** shame

**POS:** noun

**Definition:** A state of inward constriction, negative self-evaluation, and withdrawal from social exposure.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.1, 0.7]

**Metadata:** { valence: "negative", arousal: 0.4 }

---

### EL1.13 — Guilt

**Term:** guilt

**POS:** noun

**Definition:** A state of moral self-evaluation involving constriction, responsibility appraisal, and reparative motivation.

**Symbolic (corrected):** Constricting > Accepting > Deciding > Sensing

**Vector:** [0.2, 0.0, 0.3, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

#### **EL1.14 — Embarrassment**

**Term:** embarrassment

**POS:** noun

**Definition:** A state of social exposure, mild constriction, and desire to restore interpersonal equilibrium.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

#### **EL1.15 — Frustration**

**Term:** frustration

**POS:** noun

**Definition:** A state of blocked goal pursuit involving constriction, energized resistance, and motivational agitation.

**Symbolic:** Constricting > Boosting > Arranging

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.5, 0.0, 0.7, 0.0]

**Metadata:** { valence: "negative", arousal: 0.8 }

---

#### **EL1.16 — Relief**

**Term:** relief

**POS:** noun

**Definition:** A state of tension release, downward regulation, and acceptance following the removal of threat.

**Symbolic:** Accepting > Sensing

**Vector:** [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.2 }

---

#### **EL1.17 — Gratitude**

**Term:** gratitude

**POS:** noun

**Definition:** A state of appreciative expansion, relational warmth, and positive acknowledgment of benefit received.

**Symbolic:** Appreciating > Expanding > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.18 — Envy

**Term:** envy

**POS:** noun

**Definition:** A state of upward comparison involving constriction, appraisal, and motivational agitation.

**Symbolic (corrected):** Constricting > Boosting > Deciding > Sensing

**Vector:** [0.3, 0.0, 0.4, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

### EL1.19 — Jealousy

**Term:** jealousy

**POS:** noun

**Definition:** A state of relational threat involving constriction, vigilance, and protective motivation.

**Symbolic:** Constricting > Sensing > Boosting

**Vector:** [0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

**Metadata:** { valence: "negative", arousal: 0.8 }

---

### EL1.20 — Compassion

**Term:** compassion

**POS:** noun



**Definition:** A state of relational openness, empathic expansion, and supportive motivation.

**Symbolic:** Expanding > Appreciating > Accepting

**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

### EL1.21 — Contempt

**Term:** contempt

**POS:** noun

**Definition:** A state of downward relational evaluation involving constriction, distancing, and negative appraisal of another.

**Symbolic:** Constricting > Deciding > Arranging

**Vector:** [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]

**Metadata:** { valence: "negative", arousal: 0.6 }

---

### EL1.22 — Curiosity

**Term:** curiosity

**POS:** noun

**Definition:** A state of perceptual openness, exploratory motivation, and cognitive engagement with novelty.

**Symbolic:** Sensing > Expanding > Boosting

**Vector:** [0.9, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.6, 0.0]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.23 — Boredom

**Term:** boredom

**POS:** noun

**Definition:** A state of low activation, reduced engagement, and motivational stagnation.

**Symbolic:** Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "negative", arousal: 0.2 }

---

### **EL1.24 — Loneliness**

**Term:** loneliness

**POS:** noun

**Definition:** A state of relational deprivation involving constriction, inward focus, and unmet connection needs.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### **EL1.25 — Trust**

**Term:** trust

**POS:** noun

**Definition:** A state of relational openness, positive expectancy, and reduced defensive activation.

**Symbolic:** Accepting > Expanding > Appreciating

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### **EL1.26 — Distrust**

**Term:** distrust

**POS:** noun

**Definition:** A state of vigilance, constriction, and protective appraisal toward potential relational threat.

**Symbolic:** Sensing > Constricting > Deciding

**Vector:** [0.8, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

### EL1.27 — Anticipation

**Term:** anticipation

**POS:** noun

**Definition:** A state of forward-oriented perceptual activation and motivational readiness.

**Symbolic:** Sensing > Boosting > Expanding

**Vector:** [0.9, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0]

**Metadata:** { valence: "mixed", arousal: 0.8 }

---

### EL1.28 — Irritation

**Term:** irritation

**POS:** noun

**Definition:** A state of mild constriction and energized resistance to minor obstruction or discomfort.

**Symbolic:** Constricting > Boosting > Sensing

**Vector:** [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.3]

**Metadata:** { valence: "negative", arousal: 0.6 }

---

### EL1.29 — Delight

**Term:** delight

**POS:** noun

**Definition:** A state of bright positive activation involving expansion, appreciation, and uplift.

**Symbolic:** Expanding > Appreciating > Boosting

**Vector:** [0.2, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.5]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.30 — Disappointment

**Term:** disappointment

**POS:** noun

**Definition:** A state of downward motivational shift following unmet expectation, involving constriction and acceptance.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### EL1.31 — Awe

**Term:** awe

**POS:** noun

**Definition:** A state of perceptual expansion, appreciative openness, and cognitive–emotional elevation.

**Symbolic:** Expanding > Appreciating > Sensing > Accepting

**Vector:** [0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.32 — Confusion

**Term:** confusion

**POS:** noun

**Definition:** A state of perceptual overload involving sensing, disrupted appraisal, and reduced decisional clarity.

**Symbolic:** Sensing > Deciding > Accepting

**Vector:** [1.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.6 }

---

### EL1.33 — Nostalgia

**Term:** nostalgia

**POS:** noun

**Definition:** A state of reflective appreciation, emotional warmth, and gentle acceptance of past experience.

**Symbolic:** Appreciating > Accepting > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

### **EL1.34 — Resentment**

**Term:** resentment

**POS:** noun

**Definition:** A state of sustained constriction, negative appraisal, and lingering motivational agitation toward perceived injustice.

**Symbolic:** Constricting > Deciding > Boosting

**Vector:** [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.0]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

### **EL1.35 — Admiration**

**Term:** admiration

**POS:** noun

**Definition:** A state of appreciative expansion and upward relational evaluation.

**Symbolic:** Appreciating > Expanding > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### **EL1.36 — Determination**

**Term:** determination

**POS:** noun

**Definition:** A state of focused motivational drive involving boosting, arranging, and forward-directed effort.

**Symbolic:** Boosting > Arranging > Deciding

**Vector:** [0.2, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.37 — Regret

**Term:** regret

**POS:** noun

**Definition:** A state of reflective constriction and negative self-evaluation regarding past choices.

**Symbolic:** Constricting > Deciding > Accepting

**Vector:** [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.4 }

---

### EL1.38 — Tenderness

**Term:** tenderness

**POS:** noun

**Definition:** A state of gentle relational openness, warmth, and soft appreciative expansion.

**Symbolic:** Appreciating > Expanding > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### EL1.39 — Vulnerability

**Term:** vulnerability

**POS:** noun

**Definition:** A state of exposed openness involving sensing, accepting, and reduced defensive constriction.

**Symbolic:** Sensing > Accepting > Expanding

**Vector:** [0.9, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "mixed", arousal: 0.5 }

---

### EL1.40 — Satisfaction

**Term:** satisfaction

**POS:** noun

**Definition:** A state of positive completion involving acceptance, appreciation, and low-activation expansion.

**Symbolic:** Accepting > Appreciating > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

#### **EL1.41 — Contentment**

**Term:** contentment

**POS:** noun

**Definition:** A state of stable positive regulation involving acceptance, low activation, and gentle appreciation.

**Symbolic:** Accepting > Appreciating

**Vector:** [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.2 }

---

#### **EL1.42 — Apprehension**

**Term:** apprehension

**POS:** noun

**Definition:** A state of anticipatory threat sensing involving constriction and vigilance.

**Symbolic:** Sensing > Constricting > Boosting

**Vector:** [0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.6, 0.0]

**Metadata:** { valence: "negative", arousal: 0.8 }

---

#### **EL1.43 — Bitterness**

**Term:** bitterness

**POS:** noun

**Definition:** A state of lingering constriction, negative appraisal, and unresolved emotional residue.

**Symbolic:** Constricting > Deciding > Accepting

**Vector:** [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

#### **EL1.44 — Eagerness**

**Term:** eagerness

**POS:** noun

**Definition:** A state of energized positive anticipation involving boosting, expansion, and perceptual activation.

**Symbolic:** Boosting > Expanding > Sensing

**Vector:** [0.8, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.9 }

---

#### **EL1.45 — Serenity**

**Term:** serenity

**POS:** noun

**Definition:** A state of calm positive regulation involving acceptance, low activation, and gentle openness.

**Symbolic:** Accepting > Sensing > Expanding

**Vector:** [0.3, 0.0, 0.0, 0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.2 }

---

#### **EL1.46 — Hostility**

**Term:** hostility

**POS:** noun

**Definition:** A state of aggressive constriction involving energized resistance, negative appraisal, and outward boundary enforcement.

**Symbolic:** Constricting > Boosting > Arranging

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.6, 0.0, 0.8, 0.0]

**Metadata:** { valence: "negative", arousal: 0.9 }

---

#### **EL1.47 — Affection**



**Term:** affection

**POS:** noun

**Definition:** A state of warm relational expansion involving appreciation, acceptance, and gentle motivational openness.

**Symbolic:** Appreciating > Expanding > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

#### **EL1.48 — Dread**

**Term:** dread

**POS:** noun

**Definition:** A state of anticipatory threat involving high sensing, constriction, and motivational inhibition.

**Symbolic:** Sensing > Constricting > Accepting

**Vector:** [1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.95 }

---

#### **EL1.49 — Startle**

**Term:** startle

**POS:** noun

**Definition:** A brief, high-activation perceptual interruption involving rapid sensing and immediate boosting.

**Symbolic:** Sensing > Boosting

**Vector:** [1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0]

**Metadata:** { valence: "mixed", arousal: 1.0 }

---

#### **EL1.50 — Disbelief**

**Term:** disbelief

**POS:** noun

**Definition:** A state of perceptual disruption involving sensing, appraisal interruption, and cognitive suspension.

**Symbolic:** Sensing > Deciding > Accepting

**Vector:** [1.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.6 }

---

## 7. EL-1 v0.3 Entries (New Expansion)

Includes entries EL1.51 through EL1.120

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### EL1.51 — Camaraderie

**Term:** camaraderie

**POS:** noun

**Definition:** A state of warm social connection involving shared purpose, mutual support, and relational expansion.

**Symbolic:** Expanding > Appreciating > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.52 — Alienation

**Term:** alienation

**POS:** noun

**Definition:** A state of relational disconnection involving constriction, distancing, and reduced motivational engagement.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### EL1.53 — Betrayal

**Term:** betrayal

**POS:** noun

**Definition:** A state of relational rupture involving constriction, negative appraisal, and protective withdrawal.

**Symbolic:** Constricting > Deciding > Sensing

**Vector:** [0.4, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

### EL1.54 — Loyalty

**Term:** loyalty

**POS:** noun

**Definition:** A state of committed relational alignment involving acceptance, appreciation, and stable motivational orientation.

**Symbolic:** Accepting > Appreciating > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### EL1.55 — Sympathy

**Term:** sympathy

**POS:** noun

**Definition:** A state of empathic constriction and relational concern involving acceptance and mild expansion.

**Symbolic:** Constricting > Accepting > Expanding

**Vector:** [0.2, 0.0, 0.0, 0.4, 1.0, 0.0, 0.0, 0.0, 0.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

### EL1.56 — Rivalry

**Term:** rivalry

**POS:** noun

**Definition:** A state of competitive activation involving boosting, constriction, and strategic appraisal.

**Symbolic:** Boosting > Constricting > Deciding

**Vector:** [0.1, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 1.0, 0.0]

**Metadata:** { valence: "mixed", arousal: 0.8 }

---

### EL1.57 — Deference

**Term:** deference

**POS:** noun

**Definition:** A state of relational yielding involving acceptance, appreciative orientation, and reduced assertive activation.

**Symbolic:** Accepting > Appreciating > Sensing  
**Vector:** [0.2, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 1.0]  
**Metadata:** { valence: "positive", arousal: 0.2 }

---

### EL1.58 — Indignation

**Term:** indignation  
**POS:** noun  
**Definition:** A state of moralized constriction involving energized resistance and negative appraisal of perceived injustice.  
**Symbolic:** Constricting > Boosting > Deciding  
**Vector:** [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.0]  
**Metadata:** { valence: "negative", arousal: 0.9 }

---

### EL1.59 — Sociability

**Term:** sociability  
**POS:** noun  
**Definition:** A state of outward relational openness involving expansion, appreciation, and positive motivational engagement.  
**Symbolic:** Expanding > Appreciating > Boosting  
**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.7, 0.5]  
**Metadata:** { valence: "positive", arousal: 0.6 }

---

### EL1.60 — Awkwardness

**Term:** awkwardness  
**POS:** noun  
**Definition:** A state of social tension involving constriction, sensing, and mild motivational inhibition.  
**Symbolic:** Constricting > Sensing > Accepting  
**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]  
**Metadata:** { valence: "mixed", arousal: 0.4 }

---

### EL1.61 — Insecurity

**Term:** insecurity  
**POS:** noun  
**Definition:** A state of self-doubt involving constriction, heightened sensing, and

reduced motivational confidence.

**Symbolic:** Constricting > Sensing > Accepting

**Vector:** [0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.6 }

---

### EL1.62 — Confidence

**Term:** confidence

**POS:** noun

**Definition:** A state of self-assured expansion involving boosting, acceptance, and stable motivational orientation.

**Symbolic:** Boosting > Accepting > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 1.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.6 }

---

### EL1.63 — Self-pity

**Term:** self-pity

**POS:** noun

**Definition:** A state of inward constriction involving negative self-evaluation and passive acceptance of distress.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### EL1.64 — Self-assurance

**Term:** self-assurance

**POS:** noun

**Definition:** A state of internal stability involving acceptance, expansion, and confident motivational grounding.

**Symbolic:** Accepting > Expanding > Boosting

**Vector:** [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.7, 1.0]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.65 — Humiliation

**Term:** humiliation

**POS:** noun

**Definition:** A state of intense constriction involving negative social appraisal and downward self-evaluation.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

#### EL1.66 — Self-consciousness

**Term:** self-consciousness

**POS:** noun

**Definition:** A state of heightened self-monitoring involving sensing, constriction, and social vigilance.

**Symbolic:** Sensing > Constricting > Accepting

**Vector:** [0.9, 0.0, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "mixed", arousal: 0.6 }

---

#### EL1.67 — Inadequacy

**Term:** inadequacy

**POS:** noun

**Definition:** A state of diminished self-evaluation involving constriction, sensing, and reduced motivational drive.

**Symbolic:** Constricting > Sensing > Accepting

**Vector:** [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.4 }

---

#### EL1.68 — Pridefulness

**Term:** pridefulness

**POS:** noun

**Definition:** A state of amplified self-affirmation involving expansion, boosting, and upward relational positioning.

**Symbolic:** Expanding > Boosting > Appreciating

**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.7, 0.9, 0.5]

**Metadata:** { valence: "mixed", arousal: 0.7 }

---

#### EL1.69 — Self-respect

**Term:** self-respect

**POS:** noun

**Definition:** A state of stable positive self-regard involving acceptance, appreciation, and grounded expansion.

**Symbolic:** Accepting > Appreciating > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### EL1.70 — Inferiority

**Term:** inferiority

**POS:** noun

**Definition:** A state of downward self-comparison involving constriction, sensing, and reduced motivational activation.

**Symbolic:** Constricting > Sensing > Accepting

**Vector:** [0.6, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

### EL1.71 — Outrage

**Term:** outrage

**POS:** noun

**Definition:** A state of moralized constriction involving energized resistance and strong negative appraisal.

**Symbolic:** Constricting > Boosting > Deciding

**Vector:** [0.2, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0]

**Metadata:** { valence: "negative", arousal: 1.0 }

---

### EL1.72 — Remorse

**Term:** remorse

**POS:** noun

**Definition:** A state of moral self-evaluation involving constriction, acceptance, and reflective appraisal.

**Symbolic:** Constricting > Accepting > Deciding

**Vector:** [0.3, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

### EL1.73 — Righteousness

**Term:** righteousness

**POS:** noun

**Definition:** A state of moral elevation involving expansion, appreciation, and decisional clarity.

**Symbolic:** Expanding > Appreciating > Deciding

**Vector:** [0.1, 0.0, 0.6, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.5]

**Metadata:** { valence: "positive", arousal: 0.6 }

---

### EL1.74 — Moral elevation

**Term:** moral elevation

**POS:** noun

**Definition:** A state of uplifted appreciation involving expansion, acceptance, and prosocial motivational activation.

**Symbolic:** Appreciating > Expanding > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 1.0, 0.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.75 — Forgiveness

**Term:** forgiveness

**POS:** noun

**Definition:** A state of relational release involving acceptance, expansion, and reduction of constriction.

**Symbolic:** Accepting > Expanding > Appreciating

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### EL1.76 — Blame

**Term:** blame

**POS:** noun

**Definition:** A state of negative appraisal involving constriction, decisional orientation, and outward attribution.

**Symbolic:** Constricting > Deciding > Sensing

**Vector:** [0.3, 0.0, 0.6, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.6 }



---

### EL1.77 — Vindictiveness

**Term:** vindictiveness

**POS:** noun

**Definition:** A state of retaliatory motivation involving constriction, boosting, and negative appraisal.

**Symbolic:** Constricting > Boosting > Deciding

**Vector:** [0.2, 0.0, 0.5, 0.0, 1.0, 0.0, 0.0, 0.0, 0.8, 0.0]

**Metadata:** { valence: "negative", arousal: 0.9 }

---

### EL1.78 — Drive

**Term:** drive

**POS:** noun

**Definition:** A state of energized motivational activation involving boosting, arranging, and forward-directed effort.

**Symbolic:** Boosting > Arranging > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.7, 0.0, 0.0, 0.8, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.79 — Ambition

**Term:** ambition

**POS:** noun

**Definition:** A state of upward motivational striving involving boosting, arranging, and expansion.

**Symbolic:** Boosting > Arranging > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.9, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.80 — Hesitation

**Term:** hesitation

**POS:** noun

**Definition:** A state of motivational pause involving sensing, deciding, and reduced boosting.

**Symbolic:** Sensing > Deciding > Accepting

**Vector:** [0.8, 0.0, 0.6, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.3 }

---

### EL1.81 — Discouragement

**Term:** discouragement

**POS:** noun

**Definition:** A state of reduced motivational activation involving constriction, acceptance, and diminished boosting.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### EL1.82 — Perseverance

**Term:** perseverance

**POS:** noun

**Definition:** A state of sustained motivational effort involving boosting, arranging, and acceptance.

**Symbolic:** Boosting > Arranging > Accepting

**Vector:** [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0, 0.7]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.83 — Resolve

**Term:** resolve

**POS:** noun

**Definition:** A state of firm decisional commitment involving boosting, deciding, and arranging.

**Symbolic:** Boosting > Deciding > Arranging

**Vector:** [0.1, 0.0, 0.7, 0.0, 0.0, 0.0, 0.6, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.84 — Initiative

**Term:** initiative

**POS:** noun

**Definition:** A state of proactive motivational activation involving boosting, expansion, and arranging.

**Symbolic:** Boosting > Expanding > Arranging

**Vector:** [0.1, 0.0, 0.0, 0.8, 0.0, 0.0, 0.7, 0.0, 1.0, 0.0]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.85 — Procrastination

**Term:** procrastination

**POS:** noun

**Definition:** A state of motivational inhibition involving sensing, accepting, and reduced boosting.

**Symbolic:** Sensing > Accepting > Deciding

**Vector:** [0.8, 0.0, 0.4, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.2 }

---

### EL1.86 — Wonder

**Term:** wonder

**POS:** noun

**Definition:** A state of perceptual openness involving expansion, appreciation, and sensing.

**Symbolic:** Expanding > Appreciating > Sensing

**Vector:** [0.6, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.2, 0.7]

**Metadata:** { valence: "positive", arousal: 0.7 }

---

### EL1.87 — Fascination

**Term:** fascination

**POS:** noun

**Definition:** A state of focused perceptual engagement involving sensing, expansion, and boosting.

**Symbolic:** Sensing > Expanding > Boosting

**Vector:** [0.9, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.88 — Enchantment

**Term:** enchantment

**POS:** noun

**Definition:** A state of immersive positive engagement involving expansion,

appreciation, and acceptance.

**Symbolic:** Expanding > Appreciating > Accepting

**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.6 }

---

### EL1.89 — Revulsion

**Term:** revulsion

**POS:** noun

**Definition:** A state of intense aversive constriction involving sensing, boundary enforcement, and motivational withdrawal.

**Symbolic:** Constricting > Sensing > Arranging

**Vector:** [0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.4, 0.0, 0.0, 0.0]

**Metadata:** { valence: "negative", arousal: 0.7 }

---

### EL1.90 — Inspiration

**Term:** inspiration

**POS:** noun

**Definition:** A state of uplifted motivational activation involving expansion, appreciation, and boosting.

**Symbolic:** Expanding > Appreciating > Boosting

**Vector:** [0.2, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.5]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### EL1.91 — Longing

**Term:** longing

**POS:** noun

**Definition:** A state of extended motivational reach involving expansion, acceptance, and sensing.

**Symbolic:** Expanding > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7]

**Metadata:** { valence: "mixed", arousal: 0.5 }

---

### EL1.92 — Meaninglessness

**Term:** meaninglessness

**POS:** noun

**Definition:** A state of existential constriction involving reduced motivational activation and diminished relational engagement.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.3 }

---

### EL1.93 — Emptiness

**Term:** emptiness

**POS:** noun

**Definition:** A state of low affective activation involving constriction, reduced sensing, and attenuated motivational drive.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "negative", arousal: 0.2 }

---

### EL1.94 — Fulfilment

**Term:** fulfilment

**POS:** noun

**Definition:** A state of realized purpose involving acceptance, appreciation, and low-activation expansion.

**Symbolic:** Accepting > Appreciating > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.6, 0.0, 0.0, 0.0, 0.9, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

### EL1.95 — Homesickness

**Term:** homesickness

**POS:** noun

**Definition:** A state of relational longing involving constriction, appreciation, and inward-directed expansion toward an absent place or group.

**Symbolic:** Constricting > Appreciating > Expanding

**Vector:** [0.2, 0.0, 0.0, 0.6, 1.0, 0.0, 0.0, 0.8, 0.0, 0.5]

**Metadata:** { valence: "mixed", arousal: 0.4 }

---

### **EL1.96 — Relief of burden**

**Term:** relief of burden

**POS:** noun

**Definition:** A state of tension release following the removal of sustained obligation or stress, involving acceptance and downward motivational shift.

**Symbolic:** Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### **EL1.97 — Anticipatory joy**

**Term:** anticipatory joy

**POS:** noun

**Definition:** A state of forward-oriented positive activation involving expansion, boosting, and appreciative expectancy.

**Symbolic:** Expanding > Boosting > Appreciating

**Vector:** [0.1, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.9, 0.8, 0.6]

**Metadata:** { valence: "positive", arousal: 0.8 }

---

### **EL1.98 — Dreaded anticipation**

**Term:** dreaded anticipation

**POS:** noun

**Definition:** A state of forward-oriented threat expectation involving sensing, constriction, and motivational inhibition.

**Symbolic:** Sensing > Constricting > Accepting

**Vector:** [1.0, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "negative", arousal: 0.9 }

---

### EL1.99 — Emotional numbness

**Term:** emotional numbness

**POS:** noun

**Definition:** A state of blunted affect involving reduced sensing, constriction, and dampened motivational engagement.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3]

**Metadata:** { valence: "negative", arousal: 0.1 }

---

### EL1.100 — Overwhelm

**Term:** overwhelm

**POS:** noun

**Definition:** A state of excessive activation involving high sensing, constriction, and temporary disruption of organized responding.

**Symbolic:** Sensing > Constricting > Arranging

**Vector:** [1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.6, 0.0, 0.0, 0.3]

**Metadata:** { valence: "mixed", arousal: 0.9 }

---

### EL1.101 — Resignation

**Term:** resignation

**POS:** noun

**Definition:** A state of surrendered acceptance involving constriction, low activation, and withdrawal of active striving.

**Symbolic:** Accepting > Constricting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 0.7, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "negative", arousal: 0.2 }

---

### EL1.102 — Resilience

**Term:** resilience

**POS:** noun

**Definition:** A state of adaptive recovery involving boosting, acceptance, and re-engagement after stress or setback.

**Symbolic:** Boosting > Accepting > Arranging

**Vector:** [0.1, 0.0, 0.0, 0.0, 0.0, 0.0, 0.7, 0.0, 0.9, 0.8]

**Metadata:** { valence: "positive", arousal: 0.6 }

---

### EL1.103 — Suspicion

**Term:** suspicion

**POS:** noun

**Definition:** A state of guarded appraisal involving sensing, constriction, and decisional withholding.

**Symbolic:** Sensing > Constricting > Deciding

**Vector:** [0.9, 0.0, 0.6, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 0.3]

**Metadata:** { valence: "negative", arousal: 0.6 }

---

### EL1.104 — Skepticism

**Term:** skepticism

**POS:** noun

**Definition:** A state of evaluative withholding involving sensing, deciding, and reduced acceptance of claims or evidence.

**Symbolic:** Deciding > Sensing > Accepting

**Vector:** [0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.4 }

---

### EL1.105 — Cynicism

**Term:** cynicism

**POS:** noun

**Definition:** A state of negatively biased appraisal involving constriction, deciding, and reduced appreciative engagement.

**Symbolic:** Constricting > Deciding > Appreciating



**Vector:** [0.2, 0.0, 0.7, 0.0, 1.0, 0.0, 0.0, 0.3, 0.0, 0.3]

**Metadata:** { valence: "negative", arousal: 0.5 }

---

### **EL1.106 — Trustfulness**

**Term:** trustfulness

**POS:** noun

**Definition:** A state of generalized positive expectancy involving acceptance, appreciation, and reduced defensive sensing.

**Symbolic:** Accepting > Appreciating > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 0.8, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### **EL1.107 — Wariness**

**Term:** wariness

**POS:** noun

**Definition:** A state of cautious vigilance involving sensing, constriction, and moderated motivational readiness.

**Symbolic:** Sensing > Constricting > Accepting

**Vector:** [0.8, 0.0, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.5 }

---

### **EL1.108 — Relief-tinged sadness**

**Term:** relief-tinged sadness

**POS:** noun

**Definition:** A mixed state combining downward constriction and release, involving loss-orientation with partial acceptance and reduced tension.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.6]

**Metadata:** { valence: "mixed", arousal: 0.3 }

---

### EL1.109 — Hopeful anxiety

**Term:** hopeful anxiety

**POS:** noun

**Definition:** A mixed state combining threat anticipation and positive expectancy, involving sensing, constriction, and expansion.

**Symbolic:** Sensing > Constricting > Expanding

**Vector:** [0.8, 0.0, 0.0, 0.6, 1.0, 0.0, 0.0, 0.0, 0.5, 0.3]

**Metadata:** { valence: "mixed", arousal: 0.8 }

---

### EL1.110 — Guarded optimism

**Term:** guarded optimism

**POS:** noun

**Definition:** A state of cautious positive expectancy involving expansion, acceptance, and moderated sensing.

**Symbolic:** Expanding > Accepting > Sensing

**Vector:** [0.5, 0.0, 0.0, 0.8, 0.0, 0.0, 0.0, 0.0, 0.4, 0.7]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.111 — Quiet joy

**Term:** quiet joy

**POS:** noun

**Definition:** A state of low-activation positive engagement involving appreciation, acceptance, and gentle expansion.

**Symbolic:** Appreciating > Accepting > Expanding

**Vector:** [0.1, 0.0, 0.0, 0.5, 0.0, 0.0, 0.0, 1.0, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.3 }

---

### EL1.112 — Restless joy

**Term:** restless joy

**POS:** noun

**Definition:** A state of high-activation positive engagement involving boosting, expansion, and energized sensing.

**Symbolic:** Boosting > Expanding > Sensing

**Vector:** [0.7, 0.0, 0.0, 0.9, 0.0, 0.0, 0.0, 0.0, 1.0, 0.4]

**Metadata:** { valence: "positive", arousal: 0.9 }

---

#### **EL1.113 — Guardedness**

**Term:** guardedness

**POS:** noun

**Definition:** A state of relational protection involving constriction, sensing, and reduced expansive engagement.

**Symbolic:** Constricting > Sensing > Accepting

**Vector:** [0.7, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 0.4 }

---

#### **EL1.114 — Emotional openness**

**Term:** emotional openness

**POS:** noun

**Definition:** A state of receptive engagement involving expansion, acceptance, and increased sensing of internal and external cues.

**Symbolic:** Expanding > Accepting > Sensing

**Vector:** [0.7, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.3, 0.8]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

#### **EL1.115 — Emotional rigidity**

**Term:** emotional rigidity

**POS:** noun

**Definition:** A state of reduced emotional flexibility involving constriction, deciding, and diminished expansive responsiveness.

**Symbolic:** Constricting > Deciding > Accepting

**Vector:** [0.2, 0.0, 0.7, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "negative", arousal: 0.4 }

---

#### **EL1.116 — Emotional overwhelm**

**Term:** emotional overwhelm

**POS:** noun

**Definition:** A state of intense affective activation involving high sensing, constriction, and temporary loss of regulatory organization.

**Symbolic:** Sensing > Constricting > Arranging

**Vector:** [1.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.6, 0.0, 0.0, 0.4]

**Metadata:** { valence: "mixed", arousal: 1.0 }

---

#### **EL1.117 — Emotional steadiness**

**Term:** emotional steadiness

**POS:** noun

**Definition:** A state of stable emotional regulation involving acceptance, low activation, and moderated sensing.

**Symbolic:** Accepting > Sensing

**Vector:** [0.3, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.2 }

---

#### **EL1.118 — Emotional detachment**

**Term:** emotional detachment

**POS:** noun

**Definition:** A state of relational distancing involving constriction, reduced appreciating, and attenuated motivational engagement.

**Symbolic:** Constricting > Accepting > Sensing

**Vector:** [0.4, 0.0, 0.0, 0.0, 1.0, 0.0, 0.0, 0.0, 0.0, 0.5]

**Metadata:** { valence: "mixed", arousal: 0.3 }

---

### EL1.119 — Emotional attunement

**Term:** emotional attunement

**POS:** noun

**Definition:** A state of responsive connection involving sensing, appreciating, and acceptance of one's own and others' emotional states.

**Symbolic:** Sensing > Appreciating > Accepting

**Vector:** [0.8, 0.0, 0.0, 0.0, 0.0, 0.0, 0.0, 0.9, 0.0, 0.8]

**Metadata:** { valence: "positive", arousal: 0.5 }

---

### EL1.120 — Emotional alignment

**Term:** emotional alignment

**POS:** noun

**Definition:** A state of congruence between internal emotional states and external demands, involving acceptance, arranging, and stable regulation.

**Symbolic:** Accepting > Arranging > Expanding

**Vector:** [0.2, 0.0, 0.0, 0.6, 0.0, 0.0, 0.7, 0.0, 0.0, 1.0]

**Metadata:** { valence: "positive", arousal: 0.4 }

---

## 8. Version Notes

EL1 v0.3 expands the Core English Emotional Lexicon from 50 to 120 terms.

All entries from v0.1 and v0.2 are preserved exactly as published.

The 70 new entries introduced in this edition follow the TS-6 hybrid symbolic–vector mapping rules, canonical naming conventions, and drift-prevention constraints.

This edition establishes the structural foundation for the forthcoming EL1 v1.0 full-scale lexicon.

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## 9. Citation

Bulgaria, J. (2026). *EL1 v0.3 — Core English Emotional Lexicon (120-Term Edition)*.

Core Emotion Framework (CEF), EL-Series Volume 1.

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