

# PM-3 — Structural Disassembly Protocols

*Core Emotion Framework (CEF)*

**Version 1.0 — Practitioner Edition**

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**Status:** Canonical Practitioner Manual (Phase 2)

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## 0. Purpose and Canonical Position

PM-3 is the third Practitioner Manual in the CEF applied series.

Where:

- **PM-1** teaches operator-level work
- **PM-2** teaches facet-level differentiation

**PM-3 teaches full structural disassembly** — the practitioner method for undoing dysregulation patterns defined in TS-7 and restoring canonical structure as defined in TS-10.

PM-3 is the applied companion to:

- **TS-7** — Structural Psychopathology
- **TS-10** — Therapeutic Structural Disassembly
- **TS-11** — Facet Architecture

PM-3 does **not** provide clinical treatment or diagnosis.

It defines **structural, modality-agnostic protocols** for emotional disassembly.

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## 1. Practitioner Orientation

### 1.1 What Structural Disassembly Is

Structural disassembly is the process of:

- isolating

- differentiating
- de-fusing
- re-balancing
- reintegrating

the emotional system when dysregulation patterns (TS-7) distort canonical structure.

### **1.2 What Structural Disassembly Is Not**

It is **not**:

- emotional catharsis
- narrative exploration
- cognitive reframing
- behavioral intervention
- trauma processing
- symptom reduction

It is **structural correction**.

### **1.3 Why Disassembly Is Necessary**

Dysregulation patterns distort:

- operator identity
- facet boundaries
- center weighting
- transition pathways
- modulation responsiveness

Disassembly restores the architecture so emotional work can proceed cleanly.

## **2. The Six Stages of Structural Disassembly (TS-10)**

PM-3 operationalizes the six canonical stages:

- 1. Stabilization**
- 2. Isolation**
- 3. Differentiation**

4. **De-Fusion**
5. **Rebalancing**
6. **Reintegration**

Each stage includes:

- practitioner goals
- structural indicators
- practitioner errors to avoid
- canonical constraints
- step-by-step protocols

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### **3. Stage 1 — Stabilization**

#### **3.1 Purpose**

Prevent further dysregulation.

#### **3.2 Indicators**

- escalating fusion
- rising overflow
- center drift
- operator collapse
- facet fragmentation

#### **3.3 Practitioner Protocol**

1. Slow activation changes
2. Reinforce center boundaries
3. Reduce cross-center modulation
4. Re-anchor the client in a single center
5. Prevent compensatory suppression

#### **3.4 Practitioner Errors**

- trying to interpret content
- encouraging emotional amplification

- prematurely isolating operators
- collapsing into narrative

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## 4. Stage 2 — Isolation

### 4.1 Purpose

Separate operators that have become fused, blended, or entangled.

### 4.2 Indicators

- two operators activating simultaneously
- emotional states that feel “mixed” or “stuck”
- cross-center contamination

### 4.3 Practitioner Protocol

1. Identify the fused operators
2. Name each operator separately
3. Ask structural questions (“Is this narrowing or opening?”)
4. Anchor each operator in its home center
5. Reduce cross-operator influence

### 4.4 Practitioner Errors

- suppressing one operator to isolate the other
- treating fusion as a single emotion
- interpreting fusion as personality

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## 5. Stage 3 — Differentiation

### 5.1 Purpose

Restore internal structure within each operator.

### 5.2 Indicators

- facets blending
- facets activating out of order
- facets expressing inverted functions

### **5.3 Practitioner Protocol**

1. Identify the operator
2. Identify all active facets
3. Differentiate facets using PM-2 questions
4. Re-establish canonical facet ordering
5. Stabilize facet boundaries

### **5.4 Practitioner Errors**

- treating facets as emotions
- merging facets
- skipping differentiation and going straight to interpretation

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## **6. Stage 4 — De-Fusion**

### **6.1 Purpose**

Dissolve chronic fusion patterns.

### **6.2 Indicators**

- persistent co-activation
- inability to deactivate one operator without the other
- emotional “knots”

### **6.3 Practitioner Protocol**

1. Identify the fusion pair
2. Identify the direction of fusion (which operator is driving)
3. Reduce modulation from the dominant operator
4. Re-establish canonical transitions
5. Re-anchor each operator in its center
6. Restore independent activation

### **6.4 Practitioner Errors**

- suppressing the dominant operator
- encouraging emotional blending

- interpreting fusion as a relational pattern

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## **7. Stage 5 — Rebalancing**

### **7.1 Purpose**

Restore center-level equilibrium.

### **7.2 Indicators**

- center dominance
- center collapse
- cross-center compensation
- directional distortion

### **7.3 Practitioner Protocol**

1. Identify center weighting
2. Identify compensatory patterns
3. Reduce over-weighted center activation
4. Support under-weighted center activation
5. Restore cross-center modulation pathways

### **7.4 Practitioner Errors**

- treating center imbalance as personality
- encouraging over-activation of the dominant center
- collapsing into narrative

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## **8. Stage 6 — Reintegration**

### **8.1 Purpose**

Reassemble the emotional system into a coherent whole.

### **8.2 Indicators**

- operators activate independently
- facets are differentiated
- transitions follow canonical directionality

- centers modulate cleanly

### **8.3 Practitioner Protocol**

1. Re-establish canonical transitions
2. Re-establish modulation responsiveness
3. Reconnect operators across centers
4. Restore full emotional state-space
5. Confirm identity preservation

### **8.4 Practitioner Errors**

- over-stabilizing (preventing natural transitions)
- forcing emotional expression
- re-introducing fusion through interpretation

## **9. Dysregulation Pattern Protocols (TS-7 Integration)**

PM-3 includes structural correction methods for each TS-7 pattern.

### **9.1 Chronic Fusion**

- isolate → differentiate → de-fuse → reintegrate

### **9.2 Suppression**

- stabilize → differentiate → rebalance

### **9.3 Rigidity**

- differentiate → rebalance → reintegrate

### **9.4 Collapse**

- stabilize → isolate → re-activate → reintegrate

### **9.5 Overflow**

- stabilize → reduce activation → rebalance

### **9.6 Fragmentation**

- differentiate → re-order → reintegrate

### **9.7 Center-Level Imbalance**

- rebalance → reintegrate

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## **10. Practitioner Errors to Avoid**

- interpreting dysregulation as personality
- collapsing into narrative
- treating facets as emotions
- suppressing operators
- blending operators
- skipping stabilization
- skipping differentiation
- confusing TS-8 variation with TS-7 pathology

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## **11. Canonical Status**

PM-3 is the authoritative structural disassembly manual of the CEF.  
It is subordinate only to:

- Core Essence Document
- TS-1 through TS-11
- PM-1
- PM-2

PM-3 defines the applied methods for restoring canonical emotional structure.

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