

# PM-3 — Structural Disassembly Protocols

*Core Emotion Framework (CEF)*

Version 1.0 — Practitioner Edition

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Status: Canonical Practitioner Manual (Phase 2)

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## 0. Purpose and Canonical Position

PM-3 is the third Practitioner Manual in the CEF applied series.

Where:

- **PM-1** teaches operator-level work
- **PM-2** teaches facet-level differentiation

**PM-3 teaches full structural disassembly** — the practitioner method for undoing dysregulation patterns defined in TS-7 and restoring canonical structure as defined in TS-10.

PM-3 is the applied companion to:

- **TS-7** — Structural Psychopathology
- **TS-10** — Therapeutic Structural Disassembly
- **TS-11** — Facet Architecture

PM-3 does **not** provide clinical treatment or diagnosis.

It defines **structural, modality-agnostic protocols** for emotional disassembly.

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## 1. Practitioner Orientation

### 1.1 What Structural Disassembly Is

Structural disassembly is the process of:

- isolating

- differentiating
- de-fusing
- re-balancing
- reintegrating

the emotional system when dysregulation patterns (TS-7) distort canonical structure.

## **1.2 What Structural Disassembly Is Not**

It is **not**:

- emotional catharsis
- narrative exploration
- cognitive reframing
- behavioral intervention
- trauma processing
- symptom reduction

It is **structural correction**.

## **1.3 Why Disassembly Is Necessary**

Dysregulation patterns distort:

- operator identity
- facet boundaries
- center weighting
- transition pathways
- modulation responsiveness

Disassembly restores the architecture so emotional work can proceed cleanly.

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## **2. The Six Stages of Structural Disassembly (TS-10)**

PM-3 operationalizes the six canonical stages:

1. **Stabilization**
2. **Isolation**
3. **Differentiation**

4. **De-Fusion**
5. **Rebalancing**
6. **Reintegration**

Each stage includes:

- practitioner goals
  - structural indicators
  - practitioner errors to avoid
  - canonical constraints
  - step-by-step protocols
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### **3. Stage 1 — Stabilization**

#### **3.1 Purpose**

Prevent further dysregulation.

#### **3.2 Indicators**

- escalating fusion
- rising overflow
- center drift
- operator collapse
- facet fragmentation

#### **3.3 Practitioner Protocol**

1. Slow activation changes
2. Reinforce center boundaries
3. Reduce cross-center modulation
4. Re-anchor the client in a single center
5. Prevent compensatory suppression

#### **3.4 Practitioner Errors**

- trying to interpret content
- encouraging emotional amplification

- prematurely isolating operators
  - collapsing into narrative
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## **4. Stage 2 — Isolation**

### **4.1 Purpose**

Separate operators that have become fused, blended, or entangled.

### **4.2 Indicators**

- two operators activating simultaneously
- emotional states that feel “mixed” or “stuck”
- cross-center contamination

### **4.3 Practitioner Protocol**

1. Identify the fused operators
2. Name each operator separately
3. Ask structural questions (“Is this narrowing or opening?”)
4. Anchor each operator in its home center
5. Reduce cross-operator influence

### **4.4 Practitioner Errors**

- suppressing one operator to isolate the other
  - treating fusion as a single emotion
  - interpreting fusion as personality
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## **5. Stage 3 — Differentiation**

### **5.1 Purpose**

Restore internal structure within each operator.

### **5.2 Indicators**

- facets blending
- facets activating out of order
- facets expressing inverted functions

### **5.3 Practitioner Protocol**

1. Identify the operator
2. Identify all active facets
3. Differentiate facets using PM-2 questions
4. Re-establish canonical facet ordering
5. Stabilize facet boundaries

### **5.4 Practitioner Errors**

- treating facets as emotions
  - merging facets
  - skipping differentiation and going straight to interpretation
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## **6. Stage 4 — De-Fusion**

### **6.1 Purpose**

Dissolve chronic fusion patterns.

### **6.2 Indicators**

- persistent co-activation
- inability to deactivate one operator without the other
- emotional “knots”

### **6.3 Practitioner Protocol**

1. Identify the fusion pair
2. Identify the direction of fusion (which operator is driving)
3. Reduce modulation from the dominant operator
4. Re-establish canonical transitions
5. Re-anchor each operator in its center
6. Restore independent activation

### **6.4 Practitioner Errors**

- suppressing the dominant operator
- encouraging emotional blending

- interpreting fusion as a relational pattern
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## **7. Stage 5 — Rebalancing**

### **7.1 Purpose**

Restore center-level equilibrium.

### **7.2 Indicators**

- center dominance
- center collapse
- cross-center compensation
- directional distortion

### **7.3 Practitioner Protocol**

1. Identify center weighting
2. Identify compensatory patterns
3. Reduce over-weighted center activation
4. Support under-weighted center activation
5. Restore cross-center modulation pathways

### **7.4 Practitioner Errors**

- treating center imbalance as personality
  - encouraging over-activation of the dominant center
  - collapsing into narrative
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## **8. Stage 6 — Reintegration**

### **8.1 Purpose**

Reassemble the emotional system into a coherent whole.

### **8.2 Indicators**

- operators activate independently
- facets are differentiated
- transitions follow canonical directionality

- centers modulate cleanly

### **8.3 Practitioner Protocol**

1. Re-establish canonical transitions
2. Re-establish modulation responsiveness
3. Reconnect operators across centers
4. Restore full emotional state-space
5. Confirm identity preservation

### **8.4 Practitioner Errors**

- over-stabilizing (preventing natural transitions)
  - forcing emotional expression
  - re-introducing fusion through interpretation
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## **9. Dysregulation Pattern Protocols (TS-7 Integration)**

PM-3 includes structural correction methods for each TS-7 pattern.

### **9.1 Chronic Fusion**

- isolate → differentiate → de-fuse → reintegrate

### **9.2 Suppression**

- stabilize → differentiate → rebalance

### **9.3 Rigidity**

- differentiate → rebalance → reintegrate

### **9.4 Collapse**

- stabilize → isolate → re-activate → reintegrate

### **9.5 Overflow**

- stabilize → reduce activation → rebalance

### **9.6 Fragmentation**

- differentiate → re-order → reintegrate

### **9.7 Center-Level Imbalance**

- rebalance → reintegrate

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## **10. Practitioner Errors to Avoid**

- interpreting dysregulation as personality
- collapsing into narrative
- treating facets as emotions
- suppressing operators
- blending operators
- skipping stabilization
- skipping differentiation
- confusing TS-8 variation with TS-7 pathology

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## **11. Canonical Status**

PM-3 is the authoritative structural disassembly manual of the CEF.

It is subordinate only to:

- Core Essence Document
- TS-1 through TS-11
- PM-1
- PM-2

PM-3 defines the applied methods for restoring canonical emotional structure.

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