

# ECM v3.1 — Engineering Blueprint

Autonomous Emotional Cycling Machine — Technical Specification  
Core Emotion Framework (CEF)

**Author:** [Jamel Bulgaria](#)

**ORCID:** [0009-0007-5269-5739](#)

**Affiliation:** [OptimizeYourCapabilities.com](#)

**Contact:** [admin@optimizeyourcapabilities.com](mailto:admin@optimizeyourcapabilities.com)

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**Version:** 3.1 (Engineering Blueprint)

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## 0. Purpose and Scope

ECM v3.1 defines the **engineering-level specification** for the Autonomous Emotional Cycling Machine (ECM v3.x).

This blueprint establishes:

- mechanical architecture
- subsystem interfaces
- materials and tolerances
- calibration tolerances
- safety constraints
- assembly logic
- maintenance model

ECM v3.1 operationalizes the conceptual architecture of ECM v3.0 into a reproducible engineering standard.

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## 1. System Architecture Overview

ECM v3.1 consists of three mechanical modules and three autonomous subsystems:

### Mechanical Modules

- Module A — Primary Wheel (Autonomous Version)
- Module B — Dual Micro-Wheels
- Module C — Cross-Center Choreography Ring

### Autonomous Subsystems

- ARE — Autonomous Resistance Engine
- CRHCS — Center-Recognition & Height Calibration System
- ELMS — Emotional Load Mapping System

All modules connect through a unified **Mechanical-Autonomous Interface Layer (MAIL)**.

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## 2. Mechanical Specifications

### 2.1 Primary Wheel Assembly

**Diameter:** 42–48 cm

**Material:** High-density composite polymer with carbon-reinforced rim

**Grip Surface:** Non-slip thermoplastic elastomer

**Rotation Tolerance:**

- CW/CCW friction variance  $\leq 1.5\%$
- Swing oscillation damping coefficient: 0.12–0.18

**Height-Adjustment Rail:**

- Vertical travel: 38 cm
- Locking precision:  $\pm 1$  mm
- Motorized lift torque: 0.8–1.2 Nm

**Sensors Embedded:**

- 3-axis load sensors
- micro-tremor accelerometers
- grip-pressure pads

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### 2.2 Dual Micro-Wheels

**Diameter:** 9–11 cm

**Material:** Polycarbonate core with silicone micro-grip

**Independent Rotation:**

- micro-CW/CCW friction variance  $\leq 2\%$
- micro-Swing oscillation range: 6–12°

**Autonomous Features:**

- bilateral load balancing motors

- operator-recognition sensor array
- micro-resistance actuators (0.1–0.4 Nm range)

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## 2.3 Cross-Center Choreography Ring

**Outer Diameter:** 58–64 cm

**Material:** Lightweight aluminum alloy with polymer track

**Rotation System:**

- stepper-motor sequencing
- timing precision:  $\pm 0.05$  s
- transition torque: 0.4–0.7 Nm

**Cue System:**

- tactile pulse actuators (3–5 N)
- LED direction indicators
- optional auditory cues (40–55 dB)

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## 3. Autonomous Subsystems

### 3.1 Autonomous Resistance Engine (ARE)

**Function:** Dynamic resistance modulation across all wheels.

**Components:**

- dual-stage resistance motor
- torque sensor array
- adaptive load controller

**Resistance Range:**

- Primary Wheel: 0.3–2.8 Nm
- Micro-Wheels: 0.1–0.4 Nm
- Ring: 0.4–0.7 Nm

**Response Time:**

- < 120 ms from load detection to adjustment

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## 3.2 Center-Recognition & Height Calibration System (CRHCS)

**Function:** Automatic detection of active center and height adjustment.

**Sensors:**

- posture alignment sensors
- vertical force distribution sensors
- center-engagement classifier

**Height Adjustment:**

- travel: 38 cm
- motor torque: 0.8–1.2 Nm
- calibration precision:  $\pm 1$  mm

**Safety Lock:**

- engages during transitions
- disengages only under stable load

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## 3.3 Emotional Load Mapping System (ELMS)

**Function:** Real-time emotional load inference.

**Inputs:**

- micro-tremor frequency
- grip pressure variability
- bilateral asymmetry
- motion irregularities
- transition hesitation

**Output:**

- load index (0–100)
- fatigue index (0–100)
- stability tier classification

**Sampling Rate:**

- 200–400 Hz

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# 4. Mechanical-Autonomous Interface Layer (MAIL)

MAIL defines the communication and control pathways between mechanical modules and autonomous subsystems.

## Channels:

- torque feedback
- load mapping
- resistance commands
- sequencing commands
- height calibration signals

## Latency Requirement:

- end-to-end < 50 ms

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# 5. Calibration Tolerances

## 5.1 Center Calibration

- height alignment tolerance:  $\pm 1$  mm
- center-engagement detection accuracy:  $\geq 92\%$

## 5.2 Resistance Calibration

- torque deviation  $\leq 3\%$
- adaptive response time < 120 ms

## 5.3 Choreography Calibration

- transition timing precision:  $\pm 0.05$  s
- sequencing error rate: < 1 per 500 transitions

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# 6. Safety Constraints

- automatic shutdown if load index > 85

- resistance reduction if fatigue index > 70
- transition blocking if stability tier < 2
- height lock during instability
- micro-wheel smoothing during operator drift
- emergency stop threshold: sudden load spike > 40%

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## 7. Assembly Logic

### 7.1 Assembly Order

1. Base frame
2. Primary Wheel rail system
3. Primary Wheel assembly
4. Micro-Wheel mounts
5. Choreography Ring frame
6. Autonomous subsystem integration
7. MAIL configuration
8. Calibration sequence

### 7.2 Required Tools

- torque-controlled driver
- alignment gauge
- calibration module
- vibration meter

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## 8. Maintenance Model

### Daily

- visual inspection
- grip surface cleaning

### Weekly

- torque variance check
- micro-wheel alignment test

### Monthly

- ELMS recalibration
- ARE resistance curve test
- CRHCS height-alignment verification

## Annual

- full mechanical teardown
- sensor replacement cycle
- firmware update

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## 9. Version Notes (v3.1)

ECM v3.1 introduces:

- full engineering specifications
- subsystem tolerances
- mechanical-autonomous interface
- assembly and maintenance models
- safety thresholds
- calibration tolerances

ECM v3.1 is the **engineering anchor** for all future ECM v3.x and ECM v4.x development.

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## 10. Conclusion

ECM v3.1 transforms ECM v3.0 from a conceptual autonomous device into a **fully specified engineering system**.

It defines the materials, tolerances, subsystems, and safety constraints required to build a reproducible, research-grade Autonomous Emotional Cycling Machine.

ECM v3.1 is the foundation for:

- ECM v3.x refinements
- ECM-Lite
- ECM-X
- ECM v4.0

It is the engineering backbone of the next generation of emotional technology.

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# ECM Disclaimer Block

(Three-Tier System for All ECM Documents)

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## 1. Practitioner-Level Disclaimer

### Practitioner-Level Disclaimer

The Emotional Cycling Machine (ECM) and all associated protocols, guides, and training materials are **non-clinical, non-diagnostic, and non-therapeutic**.

They are designed exclusively for **educational, developmental, and skills-training purposes** within the Core Emotion Framework (CEF).

ECM practice does **not** assess, treat, or diagnose any psychological, emotional, or medical condition.

ECM should **not** be used as a substitute for mental-health care, psychotherapy, counseling, crisis intervention, or medical treatment.

Facilitators must:

- avoid interpreting emotional content
- avoid eliciting emotional disclosure
- avoid framing ECM as therapy
- stop use immediately if a participant shows signs of distress

Users experiencing acute emotional overwhelm, instability, or crisis should discontinue ECM practice and seek appropriate professional support.

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## 2. User-Level Disclaimer

### User-Level Disclaimer

The Emotional Cycling Machine (ECM-Lite) is a **non-clinical educational tool** designed to support emotional awareness, clarity, and modulation.

It is **not** a therapeutic device and does **not** diagnose, treat, or assess any emotional or psychological condition.

Use ECM-Lite gently and discontinue if you feel overwhelmed, distressed, or physically uncomfortable.

ECM-Lite is intended for general emotional-skills practice and should not replace professional mental-health care or medical support.

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### 3. Engineering / Conceptual Disclaimer

#### **Engineering / Conceptual Disclaimer**

This document describes the conceptual, mechanical, and engineering architecture of the Emotional Cycling Machine (ECM) within the Core Emotion Framework (CEF). It is intended for **research, design, and technical reference** only.

The descriptions of emotional states, load, stability, or calibration are **conceptual constructs** within the CEF and are **not** clinical assessments or psychological measurements. This document does **not** provide therapeutic guidance and should not be interpreted as mental-health instruction.

All emotional terminology is used in a **framework-specific, non-clinical sense**.

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